



**Position Title:** Farm/Greenhouse Intern

**Purpose:** To support growing efforts on the farms, and greenhouse operations.

**Website:** [www.montclaircommunityfarms.org](http://www.montclaircommunityfarms.org)

**Term:** Jan-May

- **Schedule:** Tuesday, Wednesday, Friday (9-12pm mandatory) and some weekends

Schedule will vary based on needs.

**Responsibilities:**

- Follow seeding schedule in order to plant out all crops
- Watering crops to maintain optimal health
- Transplant, and pot up crops
- Track all greenhouse data on google sheets spread
- Support plant sale efforts on May 2,3,4,5,6
- Update and add plant sale inventory on website
- Work with farmers in preparing two farm site for 2022 growing season
- Tasks include weeding, preparing garden beds, planting crops,
- Support the care and maintenance of hens
- Support market and sell value added products
- Attend weekly meeting w/ farmers and interns to plan the week
- Aid in organic pest management, composting, irrigation etc.
- Harvest, weigh, and track produce
- Assist with mobile farm stand set up, sales, and break down
- Assist with tracking and reporting all produce and product metrics (weight, sale quantity and revenue, etc.)
- Help with outreach and social media (website, Facebook, Instagram, videos, etc.)

**Benefits:**

- Learn how to grow your own food!
- Resume builder and potential for college credit!
- Opportunity to learn about farming and youth development
- Opportunity to enhance leadership skills
- Network with local organizations and professionals for career growth
- Trips to local farms

## A. FARMER INTERNSHIP FORM

APPLICANT INFORMATION			
Last Name	First	M.I.	Date
Street Address		Apartment/Unit #	
City	State	ZIP	
Phone	E-mail Address		
Are you a current 4-H Member?		Gender	Birth date
<p><b>Check all that apply:</b></p> <p>What is your race? (optional)</p> <p> <input type="radio"/> Hispanic      <input type="radio"/> White      <input type="radio"/> Hawaiian/Pac. Islander  <input type="radio"/> Non-Hispanic      <input type="radio"/> Black      <input type="radio"/> Am. Indian/ Alaska Native                 </p>			
List any health concerns/allergy/disability:			

EDUCATION EXTRACURRICULAR ACTIVITIES?	
Major:	
GPA:	

EMERGENCY CONTACT	
<i>Please provide a contact in case of an emergency</i>	
Full Name	Relationship

Home phone: (    )	Cell Phone: (    )
Address	
E-mail address	

**Qualifications:** Individuals with good communication skills, are reliable, and are eager to try their hand at farming. Some previous farming or gardening experience is preferred, but not mandatory. The ability to work with youth, and work independently are important. A serious interest in community service, healthy food and farming will make this internship most valuable to you. Must be willing to work hard and like to be outside. Must be able to lift 40lbs. Must be enthusiastic and have a good attitude!

**Please Send a Resume and Cover Letter to:** Lana Mustafa, [Lana@montclaircommunityfarms.org](mailto:Lana@montclaircommunityfarms.org)